



Pro Cricket  
Academies

## **Adult Consent Form**

### **Activities**

Cricket related activities that include but not extensive:

Catching, Diving (crash & gym mats), Throwing, Running.

Long Term Athlete Development equipment:

- Ladders, Hurdles. Skipping ropes,

Strength & Conditioning equipment:

- Medicine balls, sliders, battle rope, weighted bags, Boxing gloves and pads.

Bowling machine & Side Arm ball thrower

Live nets

Hard & soft balls

I consent (Name):

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Taking part in the activities listed above. I understand that if my behaviour is inappropriate and effects the safe running of the course the Head or Assistant Head Coach may decide to withdraw me from the course. No refund will be issued.

(Indoor sessions)

Parents/partners, relatives, carer's & friends are allowed in the hall but do so at their own risk. Pro Cricket Academies will not be responsible for any accident/injury however caused.

Please sign below to accept these terms.

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

Name *(please print)*: \_\_\_\_\_

Company registration number: 7040312

Company registered name: Brad Donelan Sporting Enterprises Limited but trading as Action Kids Courses

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