

# Pro Cricket Academies – QUEENS PARK HIGH SCHOOL

## U9's / U.12's & U15 Elite

### Girls & Women's ONLY Academy



**Venue:** Queens Park High School – Chester

**Dates:** 22<sup>nd</sup> Sept – 15<sup>th</sup> Dec 2020

#### Age Range & Timings:

**Course 1:** 5 – 5.55pm (5 - 9yrs) All Stars & U9's mixed boys & girls

**Course 2:** 6 - 7.15pm (U15's Boys Elite invite only)

**Course 3:** 7.15 – 8.45pm (Girls & Women only)

**Costs:** £5 All Stars & U9's

6 - 7.15pm £10 per session

7.15 – 8.45pm £12 per session

Pro Cricket Academies is running a mixed U9 session and a elite invite only u15 session and a girls and women's only session on a Tuesday night in Chester. Do you want to train like a pro and improve the technical, mental, tactical and physical side of your game? Video analysis and a bowling machine will be used to aid development. All footage will be uploaded to youtube for player initiated learning so parents can watch in the comfort of their own home and take an interest in their child's development.

The sessions are delivered by Brad Donela and his team of coaches. Brad is a former professional cricketer (Sussex CCC), ECB Level 3 coach and a Lancashire CCC regional scout who has 32 years coaching experience:

- Cricket Development officer Western Province (Worked under Duncan Fletcher)
- Matabeleland provincial coach in Zimbabwe
- Head Coach Loughborough University coached men's and women's teams to two consecutive BUSA championships.
- Club coach at Neston CC u9's, u11's, u13's, u15's 1<sup>st</sup> team
- DBS cleared
- First Aid qualified
- Safeguarding trained

- SAQ (speed agility & quickness) sessions to build the athlete
- Skill based training – batting, bowling, fielding & Wicket keeping
- Mental, Physical, Tactical & Technical areas covered.
- Bowling variations & field placements
- Power Hitting
- Video analysis
- Groups will be put together by ability not age.
- Strength & conditioning specific to cricket
- Training camps to India & Dubai
- Tournament opportunities
- **Visit our website [procricketacademies.com](http://procricketacademies.com)**

**APPLICATION FORM:** To be sent to: **Bradleigh Donelan, email: [procricketacademies@gmail.com](mailto:procricketacademies@gmail.com)**  
**more information ring Brad Donelan: 07757-553656 (Mobile)**

**PLACES WILL BE BOOKED ON A FIRST COME FIRST SERVED BASIS.**

I wish to apply for a place for (name in BLOCK CAPITALS) \_\_\_\_\_

Age \_\_\_\_\_ D.O.B \_\_\_\_\_ Club: \_\_\_\_\_ School Year \_\_\_\_\_

(PLEASE TICK APPROPRIATE BOX 12 sessions in total up to Easter. **We do not operate on the 27<sup>th</sup> October 2020 half term.**)

**Course No 1:** [ ] £60 for 12 sessions.

**Course No2:** [ ] £120 for 12 sessions

**Course No3:** [ ] £144 for 12 sessions.

I agree to pay £60 / £120 / £144 for all 12 sessions

(Please make payment via banks transfer and use your child's/your name as reference HSBC **sort code** 40-24-15 **Acc No** 81437631).

We will be taking photos, movie clips and using video analysis to assist player development and also for promotional usage. Videos will be uploaded to youtube; please sign consent for your child to be photographed/filmed.

SIGNED \_\_\_\_\_ NAME & ADDRESS \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ Post code: \_\_\_\_\_