

Pro Cricket Academies
Summer - Cricket Coaching Course
INCLUDES A TRIP TO OLD TRAFFORD CRICKET GROUND
& HALF DAY ALL STARS SESSION 9am – 12pm



Bowling machines

Power Hitting



Trip To
 OLD TRAFFORD
 England
 VS
 South Africa

Watch International cricket



Video analysis

Birkenhead Park CC **Dates:** 22nd – 26th August 2022 **Cost:** £20 / £40 per day /£60 (Friday)
Age Range & Timings: 5 – 7yrs session £20 - 9am – 12pm per day & 7 – 16yrs session £40 - 9am – 4pm per day

Venue:

Pro Cricket Academies is running a cricket coaching course during August. We have offered a half day for the 5-7yrs and a full day for the 7 – 16yrs. The course also includes a trip to Old Trafford to watch England vs South Africa on the Friday.

The sessions are delivered by Brad Donelan a former professional cricketer (Sussex CCC), ECB Level 3 coach and a Lancashire CCC regional scout 24 years coaching experience:

- Cricket Development officer Western Province
- Matabeleland provincial coach in Zimbabwe
- Coached Loughborough University men's and women's teams to two consecutive BUSA championships.
- Club coach at Neston CC u9's, u11's, u13's, u15's 1st team and club coach.
- Sports coach currently in two primary schools.
- DBS cleared.
- First Aid qualified.
- Safeguarding trained.

- Skill development for 5 - 7yr olds. Lots of fun games. Batting, bowling, catching, running between the wickets & Matches.
- Skill development for the 7 – 16yrs. Batting & Bowling drills to improve technique.
- Video analysis used for feedback.
- Field placements.
- Power Hitting session.
- Bowling machine used.
- Strength & conditioning specific to cricket.
- Speed Agility & Quickness drills.
- Matches.

APPLICATION FORM: To be sent to: Bradleigh Donelan, email: procricketacademies@gmail.com

For more info contact Brad Donelan: 07757-553656 (Mobile) W:procricketacademies.com

PLACES WILL BE BOOKED ON A FIRST COME FIRST SERVED BASIS.

I wish to apply for a place for (name in BLOCK CAPITALS) _____

Age _____ D.O.B _____ of _____ School/College _____ School Year _____

(PLEASE TICK APPROPRIATE BOX)

Course No 1: £20per day 5 -7yrs 22nd – 26th August [] Or 22nd [] 23rd [] 24th [] 25th [] 26th []

Course No 2: £40per day 7 - 16yrs 22nd – 26th August [] Or 22nd [] 23rd [] 24th [] 25th [] 26th []

I agree to pay £20/£40 /£60 (Friday) per day or £100/£210 per person for the full week.
 (Please make payments via online banking using your child's name as reference).

Sort code: 20-63-66 Account number: 10748722

A confirmation letter will be sent with directions and what to bring once an application form and payment have been received. Please make sure you have filled in the parental, medical and travel consent form for the trip to Old Trafford. I have also included the itinerary for the Old Trafford trip. All can be found on my website: ProCricketAcademies.com

We will be taking photos, movie clips and using video analysis to assist player development and also for promotional usage. Videos will be uploaded to youtube; please sign consent for your child to be photographed/filmed.

SIGNED _____ NAME & ADDRESS _____

TEL: _____ Mobile: _____

Post code: _____

Email: _____